

CLINICAL POLICY & PROCEDURE – OSTOMY CARE

POLICY

ePeople Health Care will provide skilled nursing services to patients in their homes by qualified nurses whose skills have been assessed by utilizing the eKidzCare “self-evaluation checklist”, as well as by their ability to pass the written competency exams with a passing score of 80% on each applicable exam, and additionally by hands-on competency testing to validate their level of knowledge and ability to perform specific high-tech skills that have been identified. All nurses hired by eKidzCare to provide skilled nursing services must pass competency testing in the specific skills appropriate to the patient they have been hired to care for, before being authorized to independently care for that patient.

Care for patients with an Ostomy is one such Nursing Skill that is included in this process.

PROCEDURE

The following Procedure is the expected standard for all eKidzCare nurses who are caring for a patient with an Ostomy:

OSTOMY CARE	
1.	** Gather materials: adhesive remover, skin protector, wafer, pencil, measuring guide, stomahesive paste, plastic bags, washcloth, clean towel, new pouch, scissors.
2.	** Wash hands (CDC recommendations).
3.	Apply gloves.
4.	Empty pouch as normal.
5.	Wipe the tape surrounding the old wafer with the adhesive remover. Hold skin with one hand, and gently pull wafer off with the other. Use adhesive remover as needed.
6.	Put old pouch, wafer and other waste (not the clip!) into a plastic bag for disposal.
7.	Clean the skin and stoma with a washcloth and warm water.
8.	Pat skin dry, and measure stoma with measuring guide. Leave only 1/8" to 1/16" between the measuring guide and the stoma.
9.	Trace the correct size onto the back of the wafer with the starter hole in the middle. Cut out the hole.
10.	Apply skin protector to the peristomal skin where the wafer will be.
11.	Peel the paper from the wafer and apply stomahesive paste around the cut circle in the wafer. Smooth it out with a wet finger.
12.	Snap the new pouch onto the wafer, and give it a small tug to be sure it's in place.

13. Press gently on the wafer for a minute to help it get a good seal.

14. Close the bottom of the bag with the clip.